

WHAT IS PSYCHOAFRICALYSIS

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ABSTRACT

In our current cultural and social world our behaviors are organized by some degree of psycho-culture specific meanings, processes and practices. Psychoafricalysis or Psychoafricalytic Psychology also known as Oshodian Psychology, as a definition and theory of Psychology seeks to highlight the role of African or Black oriented psychological factors that are intrinsically and extrinsically appealing in regard to human behavior which largely includes emotionality, intelligence, personality, memory, emotional style, visual-motor orientation, communication, experiences, spirituality, and need for achievement and existence. Psychoafricalysis as an all-encompassing theory seeks its place among other definitions of Psychology.

KEYWORDS: Psychoafricalysis, Psychoafricalytic Psychology, Africa, Human behavior, Oshodian Psychology

Psychoafricalysis, also named Psychoafricalytic Psychology or Oshodian Psychology, is the study of human behavior and the mental being from a systematic and dynamic African perspective and addresses matters in philosophy, neuroscience, biochemistry, technology and psychophysical medicine. Psychoafricalysis, as a study, involves both science and psychology with deep, complex, multifaceted and transcultural elements embracing all peoples of the world with energy being drawn from Africanism.

Psychoafricalytic psychology is a school of thought that emerged in the 21st century (Oshodi, 1996, 2012); it is an African-centered influence on human psychological processes, the human spirit and wellbeing. It involves intellectual and practical activity encompassing the study of the processes of thought and behavior of the natural world through observation and investigation.

Psychoafricalysis can be traced back to the all-encompassing characteristics of African cultural practices and institutions in Africa and extending into the African diaspora.

It studies the characteristics and traits (i.e., attitudes, personalities, thought processes, feelings, beliefs, experiences, and spirituality, and behaviors) found in a group of people. These characteristics and traits are usually passed from generation to generation. Psychoafricalysis has the idea that many of these characteristics and traits connect between cultures, although with some significant differences but views human characteristics as universal, in terms of intuition, contentment, sadness, joy with the understanding, and the way those emotions and thoughts are expressed vary from culture to culture. Psychoafricalysis, also named Psychoafricalytic Psychology, is the study of human behavior and the mind from a systematic and dynamic African perspective and addresses matters in

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